iDOO Desktop System Instructions



HARVESTING

After about 6 weeks of growth, your mature plants will be ready to harvest!

There are a few different ways to harvest depending on the age of your plants and the purpose for the harvest, described below.

Materials:

- Clean scissors
- Ice bath and towels (recommended)
- Bags or containers for storage
- Table or space for harvested plants
- Cooler or refrigerator for storage
- Salad spinner (recommended)

Method #1: Whole plant harvesting

Purpose:

- You wish to remove the whole plant for use or sale
- You are ready to transplant new seedlings into the system
- You are ready to clean and/or shut down your system for a school vacation
- 1.Pull out whole plants with roots attached OR cut the plant fully at its base and discard roots later
- 2. Dunk plants in an ice bath to preserve their color and crispness
- 3.Dry plants with towels or by using a salad spinner
- 4. Place in bags or containers
 - a.If roots are still attached, they can be wrapped in a wet paper towel prior to storage
- 5. Store in cooler or refrigerator unit ready for use

Method #2: Partial harvest (cut and come again)

Purpose:

- Plants may still be young, but you wish to use some produce now, while allowing plants to continue growing
- This works best for lettuces and herbs
- 1.Locate and cut the biggest, outer lower leaves of the plant, making sure to leave the smaller inner leaves attached
- 2. Dunk leaves in an ice bath
- 3. Dry leaves with towels or using salad spinner
- 4. Place leaves in a bag or container
- 5. Store in cooler or refrigerator until ready for use

